Risk Assessment – Hike including Moorland & Mountain walking

Date of Risk Assessment 22-01-2022	Date of review 26-11-2025	Assessment done by Cogy

Hazard	Who might be harmed?	Control Measures	Changes
Qualified leaders	Team	Leader must have the correct qualification for the terrain There should be a qualified first aid leader, in the mountains there should be a leader with the Outdoor First Aid Qualification Leader must make sure all individuals have correct clothing and Kit There must be a large enough emergence shelter Mobile phone, with power pack, correct maps	
Wear proper Hiking Kit	Individual	Good Ankle support Boots Wear Layered clothing, top and bottoms, (NO JEANS) Warm clothing Good Walking Socks Good Water Proofs Top & Bottoms Bring or wear Woolly Hat or Sun Hat, Warm Gloves, Scarf, Balaclava Bring Spare Gloves Bring spare clothing, Bivy bag or personal shelter, and extra High energy food, Head torch and personal first aid kit In the mountains each person should carry & Use walking poles if necessary	
Cold / Hypothermia	Individual	Group are reminded of the need to wear adequate clothing, .especially when they are cold or tired. Groups are reminded to bring flask of hot drink / soup with them during cold periods	
Winter Mountains	Team	Teams should only walk in area suitable for whole team, depending on qualification of leader, experience of team, weather conditions Snow/ Ice or wind Hail, Rain, Bad viability. Don't go if conditions are too hazards	

Sun / heat exhaustion	Individual	Group are reminded of the need to wear suitable clothing and sun protection
(Even in winter)		Group are reminded of the need to drink plenty of fluids especially when undertaking strenuous activities. Groups are reminded to bring water or cold drinks with them during hot periods including the winter.
Presence of water – drowning	Individual	Extra vigilance by group, reminder not to walk next to water edges Avoid river crossings
Fall / Tripping	Individual	Tight group management Activity Briefing / Suitable route choice Instruct group of care in Foot placement in places. Remind group of Importance of sensible pace and keeping together. Beware of Snow & Ice
Loss of Members	Team	Team should be four to seven in Party. Everyone in team must keep an eye on every body else and count personnel
Partners /NofK wishing to contact	All involved	Home contact details provided to partners NofK prior to hike. The following numbers will be provided to NofK and home contact prior to camp: Mobile telephone number (not 24/7)
Incident requiring first aid	All involved	Personal first aid kits form part of kit list. Leaders have first aid certificates. Hospital located at see end of Risk assessment
Hospitalization	All involved	Documented plans provided to home contact contain agreed actions plans and names and details of all participants. Sufficient Leaders on site to both attend hospital and return party to hut
Emergency incident management	All involved	The hike run with Leader and experienced hike leader at all times Management of information with Home contact. ! A home contact is appointed for this event.
Hike	All involved	Main party leader will carry agreed route card and Identity cards issued containing contact phone / mobile numbers. Each group will demonstrate an understanding of the route from the route card prior to departure. Maps of area & Compass should be carried plus spare Safety talk provided to all on hike.

Adult Group
at least 4 in each group
No more then 12 in group
Each group should have
Competent Navigator
and 1st aider in Group

		Everyone to wear / carry appropriate clothing / equipment depending on the prevailing terrain and weather conditions. Fluorescent jackets to be warn while on roads, White light at the front and red flashing light at back of party walking on road (Follow Highway Code)
Walking on public footpaths which cross farm land	All involved	Do not approach animals in fields. If animals are in the field the party leader is to assess the risk, even though farmers are not meant to put dangerous animals in fields which are crossed by public footpaths Follow new country code and leave gates as you found them Do not touch or go near any farm machinery in fields Do not touch or go near chemical or any other containers in fields
Disturbance of flora, fauna and surrounding area	All involved	All member of the party to be informed how to minimize their impact on the environment of the area they will be working in by following the basic rules below o Do not pick wild flower o Do not leave any litter o Keep noise to a minimum o Keep to recognized paths Following the country code
Sheep ticks – Lymes disease	All involved	Advise group to wear long trousers / socks / avoid contact with sheep
Injury from unsafe structures	All involved	Advise group to avoid derelict structures, ensure aware of risks of buildings collapsing

Date of Assessment **26-11-2025** Signature

Richard Coghlan (Cogy)

Local Hospital details

Brecon War Memorial Hospital
Cerrigcochion Rd Brecon LD3 7NS
01874 622443
A&E, Minor Injury
NOT 24 hours closes 8pm

Princess of Wales Hospital
Coity Rd Bridgend
Mid Glamorgan
CF31 1RQ
01656 752752

Risk Assessment – Staying in hut or cottage

Risk assessment Date 22-01-2022	Review Date, 1 **26-11-2025**	Risk assement made by Cogy

Hazard	Who might be harmed?	Control Measures	Changes
Fire & stoves etc	All involved	No smoking in hut Ensure exits are clear Explorers / Scouts to only use stoves in kitchen after instruction, & with leaders supervision Wood burning stove to be supervised Careful storage of inflammables. First aid - cold water available. Where possible fire fighting equipment should be available.	
Scalds & burns from cooking	All involved	Leader supervision of cooking Explorers / Scouts only to use stoves after instruction. First aid - cold water available. Supervised use of hot liquids. Warn Explorers / Scouts of residual heat in equipment.	
Food poisoning	All involved	Ensure adequate clean drinking water supply. Ensure food is cooked thoroughly. Ensure food is stored safely especially in hot weather. Ensure clean equipment, facilities & hand washing. Ensure food is in date	
Hunger, tiredness etc.	Explorers / Scouts	Ensure Explorers / Scouts eat enough. Ensure Explorers / Scouts get adequate sleep.	

Infections / Hygiene	All involved	Ensure suitable toilet provision. Ensure suitable washing facilities.
Danger from member of the public.	Explorers / Scouts	Explorers / Scouts instructed to stay in groups. Explorers / Scouts not to go off alone. Leaders to know where Explorers / Scouts are. Explorers / Scouts to know where leaders are. Supervision by Leaders
General	All involved	Know local conditions, weather, etc. First aid available. Leaders to have working knowledge of first aid. Ongoing risk assessments to be made throughout. Clear boundaries set for Explorers / Scouts. Child protection guidelines to be followed at all times. Leaders supervision to agreed Group details & emergency contacts available. Emergency procedures understood by all leaders

Date of Assessment **26-11-2025** Signature

Richard Coghlan (Cogy)

Risk Assessment - transport to or from a location

Date of Risk assessment	Review of Risk assement **26-11-2025**	Risk carried out by Cogy

Hazard	Who might be harmed?	Control Measures	Change
Vehicle collision	Vehicle passengers Other road users / pedestrians	All Leaders driving hold a license to drive community vehicles. All Leaders intending to drive during the camp will be given time with the vehicles prior to departure to familiarity themselves. Vehicle Must be appropriately Insured All vehicles are fitted with seat belts	
Driver injury during hike	Vehicle passengers	Sufficient drivers to ensure the program can be operated in the absence of any single driver.	
Breakdown - inability to undertake programme	All involved	Vehicles should have full breakdown cover. ! ption of parents transporting scouts to start point	

Date of Assessment **26-11-2025**

Signature

Richard Coghlan (Cogy)

Home Contact In Touch details

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